

SCHOOL BAG POLICY

As per ADEK Regulations

In line with ADEK's student wellbeing and health & safety guidelines, and to promote a healthy learning environment, our school has implemented the following School Bag Policy for all students.



TROLLEY BAGS ARE NOT ALLOWED

Trolley bags are prohibited to prevent students from bringing more items than necessary and to reduce the risk of back strain and injuries.

✓ ACCEPTABLE BAG TYPE

Students must use a regular backpack.

Please choose a bag that is:



✓ Kindly label your child's bag clearly with their name and class.



WHY THIS MATTERS

- ✓ Supports your child's health and posture
- ✓ Encourages good organization and responsibility
- ✓ Creates a safe and focused learning environment

Let's work together for our children's health, safety and success.



ALLOWED BAG WEIGHT (As per ADEK Regulation)

GRADE	MAXIMUM BAG WEIGHT
KG 1 – Grade 2	2.0 KG
Grade 3 – Grade 5	2.5 KG
Grade 6 – Grade 8	3.0 KG



Please help your child ensure their bag does not exceed the recommended weight.



IMPORTANT INSTRUCTIONS



Bring only the necessary items for the school day.



Do not bring extra books, toys, electronics or non-school items unless required.



Use a pencil case instead of large boxes.



Carry a reusable water bottle.



Help your child pack their bag daily and avoid overpacking.

THANK YOU FOR YOUR COOPERATION AND SUPPORT.